CST-L3 Candidate Initial Learning Statement

Candidate's name:	Date:
What do I want from the course?	
What skills do I hope to develop?	
What do I want/need from the tutor/s?	
What do I want/need from other members of the course?	

What is my current understanding of counselling?	
What personal qualities do I have which I think will be useful in counselling others?	
What might I find difficult about counselling others?	
What draws me towards becoming a counsellor?	